

# Cypress Recovery, inc.

## LICENSED OUTPATIENT ALCOHOL & DRUG COUNSELING SERVICES

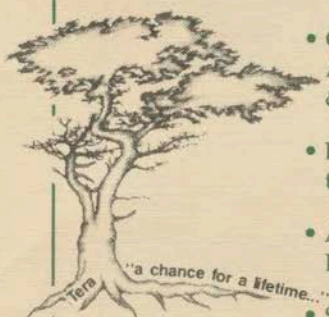
Certified Alcohol & Drug  
Safety Action Project  
(ADSAP)

Licensed Diagnostic & Referral Services

Federally Designated Non-profit Agency

*Services Include:*

- ADSAP Evaluations  
(For Legal Process)
- Counseling Programs for  
Adolescents, Women  
& Men
- Lab Services (by contract)  
to Support Abstinence
- Authorized for Most  
Insurance Providers
- Strong Financial  
Consideration Extended



*Founded to offer quality, qualified, alcohol  
and drug counseling services to "all" citizens  
of Kansas suffering from abuse or  
dependency. Our priority remains in the  
needs of the person. We are dedicated to  
"A Drug-Free Kansas."*

**(913) 764-7555**

228 South Kansas  
Olathe, Kansas 66061



## THE PROCESS OF CARE

1. WHO SHOULD BE EVALUATED? Pain is pain. Be it mental, emotional, job related or financial/legal! If a person is prompted to this evaluation by a loved one, the courts, a medical, clergy, or social referral, or a self-referral in concern over problems relating to alcohol and drugs, then this step is the most important.
2. WHAT IS AN EVALUATION? Individual needs and legal requirements (ADSAP) are assessed in a scheduled session that will identify the history and symptomology of chemical (including alcohol) abuse patterns of the individual. This session will dictate the direction of the individual and assist in appropriate referral if not in need of Outpatient Counseling.
3. AFTER ASSESSMENT, WHAT NEXT? At the conclusion of the evaluation the person will be assisted in formulation of a plan specific to the needs discovered in the evaluation. If not appropriate for counseling, the person will be given a clear understanding of what avenue would best suit their condition or progression. Those recommendations could include as little as "stop drinking or using" and referral to community support (AA, NA, ALANON, OR ALATEEN), education on substance abuse through other certified agencies convenient to residence or work, or help in placement in DETOX or Intermediate care. Please note that at all times the best interest of the person is PRIMARY and that determinations of time, location, cost of services and quality of service are considered in referral assistance.

4. IS TREATMENT THE SAME FOR EVERYONE? Be assured the quality of care is the same; the elements or modality of care may vary. At the point when a person is assessed appropriate for Outpatient Counseling, he or she will be made aware of the recovery process and take part in the formation of a treatment plan specific to the needs of that person, always pointing that plan to the goal in recovery. The person will understand the time involvement, the expectations of treatment and the need for 100% attention for 100% result. The clear definition of that goal is all important at this point.

5. DOES EVERYONE EVALUATED AT CYPRESS NEED TREATMENT? No. Read number 3 again and understand that the best interest of the individual is the primary concern of the center. Less than 50% of those evaluated are actually referred to formal care. Of that 50%, less than half again enter counseling at this center. Each person in contact with "CYPRESS RECOVERY" will always be extended respect, dignity and equal, quality assistance to their need.

6. WHAT DO I DO NEXT? If alcohol and other drugs are causing problems in your life, call TODAY. That call will be the first step towards:

"RECOVERY . . .  
A CHANCE FOR A LIFETIME . . ."

764-7555

## FOUNDERS FUND MEMBERSHIP

To Continue Our Work We Need Your Help! "CYPRESS RECOVERY" is in need of a permanent home. We are attempting to purchase a facility that will become the property of the citizens through your donations. With the demand for counseling increasing, we need the space and another qualified counselor.

We are requesting donations in the amount of \$52.00 or more to be applied to the purchase of a centrally located building and to add another counselor. These donations equal \$1.00 per week to help continue offering the miracle of recovery, and in turn contribute to the quality of life in our community. Please fill out the information below and pledge your part in offering "A Chance For A lifetime . . ."

## FOUNDERS FUND

"I understand that this contribution will be applied to the purchase of a community based Outpatient Center for the treatment of Alcoholism and Chemical Dependency. I also understand that 80% of this will be used for the outright purchase and 20% will be applied to staffing qualified and quality counselors."

YOUR NAME: \_\_\_\_\_

AMOUNT: \$ \_\_\_\_\_

TELEPHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

This is a Tax Deductible Contribution to A 501(C)(3) charitable organization and will be used solely as stated above.

Send to Cypress Recovery or Bank IV of Olathe



## STATEMENT OF PHILOSOPHY

Founded in March of 1989 and designated Non-profit in October of that year; "CYPRESS RECOVERY" has maintained a commitment to provide alcohol and drug counseling services to this community and the people of Kansas. Through this commitment, "CYPRESS RECOVERY" has brought individual attention to the recovery needs of each client while taking into consideration emotional, social, physical, and spiritual elements.

"CYPRESS RECOVERY" is aware of the complex nature of each person and, with that person, constructs a plan of treatment specific to that person's needs in recovery. "CYPRESS RECOVERY" acts as a guide, consultant, teacher, pathfinder and, in many cases, model in that recovery process.

"CYPRESS RECOVERY" does not promise miracles, but does believe in them. "CYPRESS RECOVERY" does promise caring, concern and hard work. "CYPRESS RECOVERY" is an opportunity to begin a lifetime of growth and discovery through recovery. In simple terms, "CYPRESS RECOVERY" is...

### "A CHANCE FOR A LIFETIME . . ."

*Special acknowledgement and thanks for their inspiration, dedication and support to recovery, and "CYPRESS RECOVERY", are extended to:*

Debra Culala, Robert Montgomery,  
Senator Bob Dole, Caroline Martinez,  
James Sanford, The Kansas Institute,  
Cedar Ridge, RLDS Wellsville, Nationwide Printing and in memory of  
Raymond Perry.

## GENERAL INFORMATION

### COST OF COUNSELING:

Based on financial ability after confidential review (*Most insurance accepted*).

\* Counseling includes Group, Individual, and Family Therapy as well as Women's Group and Adolescent Group offerings.

#### • ADSAP EVALUATIONS FOR COURT:

Evaluations for Court services are \$40.00 deposit against Court assessment and continued administrative processes.

#### • URINALYSIS:

Cost varies with average range dependent on number of items tested for. Usually from \$10.00 to \$20.00

*COST OF SERVICES AND ABILITY TO PAY ARE NEVER PRIORITY TO COUNSELING NEEDS. ADDITIONALLY, SERVICES SUCH AS ADSAP EVALUATION DEPOSITS AND URINALYSIS ARE RATED AT A COST CONSIDERABLY LOWER THAN THOSE OF "FOR PROFIT" CENTERS IN JOHNSON, WYANDOTTE, DOUGLAS AND MIAMI COUNTIES.*

\* "CYPRESS RECOVERY" emphasizes affordable services for all Kansans, allowing for dignity and responsibility as elements of recovery. Cost of services are generally based on ability and responsibility to pay. Special consideration is made for low-income, indigent and under-insured persons after providing confidential evidence of financial need.

"CYPRESS RECOVERY" is Kansas SRS/ADAS licensed for Outpatient Alcohol & Drug services and ADSAP certified by Johnson County District Court.



May 19, 1992

TO: Senator Dole  
FROM: Vicki  
RE: Cypress Recovery, Inc.

You are scheduled to deliver the keynote speech to Cypress Recovery, Inc. on Sunday, May 24 in Olathe. Following the speech, you are scheduled to dedicate their new facility and their model of treatment. You will also receive a recognition award.

Cypress Recovery was founded in March, 1989, as a non-profit treatment center for people suffering from alcohol and drug abuse. The program is licensed by the state for outpatient alcohol and drug counseling. During its first year of operation it served 194 patients. Three years later, it has grown to serve 525 patients.

The program is based on a philosophy where no individual in need would be turned away due to an inability to pay for services. The ultimate goal of the program is to treat individuals of Olathe and surrounding areas, and to help them return to active roles in the community. Cypress' location in Olathe, a community of 63,000, makes it the only treatment center in a fifteen mile radius. Patients come from as far away as Bonner Springs, Kansas City, Ottawa, and Osawatomie.

The first year's operations were funded solely by client fees, based on an ability to pay, and third party payments. This resulted in a serious shortfall in revenues. In 1991, additional funds were secured through private donations, grants through philanthropic organizations, and small fund raising efforts. No State or Federal funding has been available.

Tom Culala, of Lenexa, is the co-founder of Cypress, along with his wife, Debbie. Tom is also the executive director. You met him last year while he was in Washington receiving the Jefferson Award, an award to honor achievements in the field of public service.

Cypress was able to raise \$6000 toward the \$63,000 purchase price of their new facility, which they have occupied since last July. You donated \$250. They are now in the process of raising funds to secure the community center located next door, and to pay the salary of an additional full-time counselor. Presently, the staff consists of Tom, his wife, a full-time counselor and a part-time counselor.

Tom stated that you were selected for the dedication ceremony because of your "focus, integrity, honesty, and kindness." He also says that you have been an inspiration to the founders of Cypress and you were one of the first Kansans to support their program.

Three other individuals will also receive recognition awards. They are:

James Sanford	a community landlord who owns 100 low-income housing units and is very active in the Latter Day Saints Church.
Herman Edwards	Player for the Philadelphia Eagles for ten years as a safety (#46), retired six years ago. He has sponsored many youth activities and helped raise funds for a youth center in the Monterey Peninsula in California.
Alex Moore	An employee assistance coordinator for Delco Battery, a subsidiary of GM. He has been very active in the community for eight to ten years.

Following the ceremony, you will be introduced to several of the recovery kids, staff members, and volunteers. They are:

Recovering Kids:	David Owen	17 years old. He will be the pianist at the ceremony.
	Tanya Mitchell	15 years old. She is a competitive shot putter.
Staff Members:	Cathy Conner Marilyn Chapel Jack Irvine Deborah Culala -- Tom's wife	
Volunteers:	James Sanford	also receiving an award.
	Bob Montgomery,	President of Board
	Ann Morgan	attorney
	Ed Van Morlan	attorney
	Wood Arnold III	

Also, your former therapist, Gloria McShane, will be attending so that she can say hello to you.





## Cypress Recovery, inc.

*Copy*

Judy Kay  
Office of the Republican Leader  
444 Southeast Quincy  
Suite 392  
Topeka, Kansas 66683  
Dear Judy:

Regarding our request of the Senator participating in the dedication of this non-profit alcohol & drug outpatient program in October; I am writing to inform you that we have got commitments from the following people in support of this project:

State Rep. Nancy Brown  
State Rep. Vince Snowbarger  
State Rep. Mark Parkinson  
Lenexa Mayor Rich Becker  
Olathe Mayor Jacob Ruf

As our program is not currently funded through State or federal programs, this effort is important to our continued offering of this model in recovery. We have seen the product of our work in hundreds and hope that by presenting this dedication ceremony to the people of Kansas, that we will be supported in continuing. We have served over 300 so far this year.

The agenda for this event would be a brief invocation followed by introduction of the officials in attendance. Then I would speak briefly followed by the unveiling of our sign by the Senator and then his presentation for however long he would choose to speak.

I owe everything to the inspiration and support of Senator Dole. My way of showing respect to this debt is to continue offering this model to the women, men, and children suffering from dependency and chemical abuse in this community and, in the near future, State of Kansas.

Thank You in Advance,

*Tom Culala*

Tom Culala, Founder & Executive Director

cc: Senator Bob Dole

A 501(C)(3) Non-Profit Organization

Alcohol and Drug Outpatient Services • Certified ADSAP Program • Special Programs in Adolescent and Women's Issues

230 South Kansas • Olathe, Kansas 66061 • Phone: (913) 764-7555

SECTION II

BOARD OF DIRECTORS

B-4. Robert Montgomery PRESIDENT  
350 East Spruce  
Olathe, Kansas 66061  
Farmer's Insurance Agent

Thomas Culala (Ex Officio) CHAIRMAN  
9037 Greenway Lane  
Lenexa, Kansas 66061  
Cypress Recovery, Executive Director

Caroline Martinez (Emeritus) VICE PRESIDENT  
989 Alameda  
Monterey, California 93940  
Retired

Cynthia Ginardi SECRETARY  
6412 W. 77th Terr.  
Prairie Village, Kansas 66204  
Homemaker

David Ginardi TREASURER  
6412 W. 77th Terr.  
Prairie Village, Kansas 66204  
Shawnee State Bank, Officer

James Sanford BOARD MEMBER  
11300 W. 159th Street  
Olathe, Kansas 66062  
Property Owner & Minister

Debra Culala BOARD MEMBER  
9037 Greenway Lane  
Lenexa, Kansas 66215  
Adolescent & Women's Program Director

Edward VanMorlan BOARD MEMBER  
12987 N. Lakeshore Drive  
Olathe, Kansas 66061  
Attorney in Private Practice

Ann Morgan BOARD MEMBER  
12070 Iowa  
Olathe, Kansas 66061  
Bank IV of Olathe Trust Officer

Skip Johnson BOARD MEMBER  
307 South Troost  
Olathe, Kansas 66061  
Engineer for the City of Grandview

ADVISORY COMMITTEE

Dr. David Sternberg, The Kansas Institute  
Dr. P.J. Hallgrimson, Family Practice  
Dr. Gene Johnson, Shawnee Mission Schools  
Debra King, LMSW, Family Counseling

Earl Balzen, Director at Cedar Ridge  
Clay Johnson, Director Kansas Institute  
Marilyn Chappell, Olathe Schools  
Dr. Sue Malone, KU Medical Center





# Cypress Recovery, inc.

## SCHEDULE OF EVENTS

- |      |   |
|------|---|
| 3:40 | Piano- Recital by David Owens   |
| 4:00 | Star Spangled Banner  |
| 4:05 | James Sanford Prayer  |
| 4:10 | Appreciation Plaques & Brief Statments  |
| 4:25 | Bob Morris  |
| 4:30 | Tom Culala, Co-Founder & Director   |
| 4:40 | Senator Bob Dole  |
| 5:00 | Dedication of the "Model of Treatment" and the<br>Cypress Recovery, Inc. Center....                 |
|      | "To Those Suffering...  |
|      | A Chance For A Lifetime!"   |
| 5:10 | Reception for guests on the pad with refreshments<br>(Introduction to special guests inside center) |



# FAMILY

THE OLATHE DAILY NEWS

THURSDAY  
JUNE 20, 1991

## Lenexa counselor cited in Washington

Karen Allen

Daily News Reporter

A Lenexa man was honored this week in Washington, D.C. for his work with Cypress Recovery, Inc., an alcohol and drug abuse counseling services program based in Olathe.

Tom Culala, founder and executive director of Cypress, was honored by the American Institute for Public Service and received a Jefferson Award for community service at a ceremony Tuesday at the U.S. Supreme Court. The awards were created in 1972 by Jacqueline Kennedy Onassis and Sen. Robert Taft, Jr. to honor the highest ideals and achievements in the field of public service. Past recipients of this award include Gen. Colin Powell, Jerry Lewis, Jesse Jackson, and Betty Ford.

Cypress was founded to offer quality, affordable counseling services for alcohol and drug abuse. The program has served more than 500 families since receiving its non-profit status in the fall of 1989.

"Our priority is in the recovery of life for those suffering from chemical abuse and addictions," said Culala, in a written statement. "We believe in the dignity of each patient and, many times to date, have seen miracles in those patients that others gave no hope."

Donations can be made to Cypress through the Founders Fund Trust at Bank IV in Olathe, or by sending them directly to Cypress Recovery, Inc., 228 South Kansas, Olathe, 66061.

**SENATOR BOB DOLE**

**CYPRESS RECOVERY**

**DEDICATION**

**SUNDAY, MAY 24**

**\*THANK YOU. IT'S A REAL  
PRIVILEGE TO BE WITH YOU  
TODAY.**

**\*TOMORROW IS MEMORIAL  
DAY--A DAY SET ASIDE EVERY  
YEAR FOR AMERICANS TO**



**HONOR HEROES WHO GAVE  
THEIR LIFE FOR FREEDOM.**

**\*AND I CAN'T HELP BUT THINK  
THAT TODAY IS ALL ABOUT  
HEROS, TOO.**

**\*HEROS LIKE TOM AND  
DEBBIE CULALA WHO ARE  
DEVOTING THEIR LIVES TO  
HELPING OTHERS IN NEED.**

**\*HEROS LIKE THE BOARD**

**MEMBERS AND COUNSELORS  
WHO BELIEVE IN TOM AND  
DEBBIE'S DREAM.**

**\*AND HEROS LIKE THE  
COURAGEOUS MEN AND WOMEN  
WHO COME TO CYPRESS TO  
TURN THEIR LIVES AROUND.**

**\*THE STORY OF AMERICA IS  
THE STORY OF PEOPLE HELPING  
PEOPLE.**



**\*OVER TWO HUNDRED YEARS  
AGO, OUR FOUNDING FATHERS  
BEGAN THE CONSTITUTION WITH  
THE WORDS, "WE, THE PEOPLE."**

**\*THESE ARE JUST THREE  
WORDS, BUT THEY SAY  
EVERYTHING ABOUT AMERICA  
AND ABOUT AMERICANS.**

**\*HERE, WE TAKE  
RESPONSIBILITY FOR LIVING**

**OUR LIVES IN FREEDOM, AND  
WE COME TO THE ASSISTANCE  
OF OUR NEIGHBORS IN TIMES  
OF NEED.**

**\*THE FIRST SETTLERS OF AT  
PLYMOUTH HELPED EACH  
OTHER RAISE LOG WALLS AND  
ROOFS AGAINST THE WINTER  
WEATHER. LATER, IN PLACES  
LIKE THE KANSAS FRONTIER,**



**THE CONSTRUCTION OF A NEW  
CABIN OR BARN WOULD  
BECOME AN EVENT FOR THE  
ENTIRE NEIGHBORHOOD, AS  
LOCAL SETTLERS WOULD JOIN  
IN HELPING TO BUILD THE  
CABIN.**

**\*NOWADAYS, THAT BARN  
RAISING MIGHT DRAW CITY  
BUILDING INSPECTORS,**

**CITATIONS FOR CODE  
VIOLATIONS, AND AN  
INSURANCE MAN  
RECOMMENDING MORE  
PERSONAL INJURY COVERAGE  
IN CASE ONE OF THE  
VOLUNTEER HOUSE RAISERS  
FELL OFF THE ROOF.**

**\*LIFE HAS BECOME A LOT  
MORE COMPLEX THAN IT WAS IN**



**THE FRONTIER DAYS. BUT THAT  
SAME SPIRIT OF NEIGHBOR  
HELPING NEIGHBOR IS STILL  
ALIVE AND WELL IN PLACES LIKE  
CYPRESS RECOVERY AND IN  
PEOPLE LIKE TOM AND DEBBIE  
CULALA.**

**\*FOR THE PAST THREE  
YEARS, CYPRESS HAS OFFERED  
THE CHANCE FOR A NEW LIFE**

**TO OVER 500 MEN, WOMEN, AND  
CHILDREN.**

**\*AND, DURING THIS TIME,  
MIRACLES HAVE OCCURRED.  
PEOPLE HAVE FOUND THEIR  
DIGNITY, AND RETURNED TO  
ACTIVE, PRODUCTIVE ROLES IN  
THE COMMUNITY.**

**\*WHAT IS MOST IMPRESSIVE  
IS THAT NO ONE--NO ONE--HAS**



**BEEN TURNED AWAY FROM  
CYPRESS DUE TO INABILITY TO  
PAY FOR SERVICES.**

**\*THINGS HAVEN'T BEEN EASY  
FOR TOM AND DEBBIE. THEY  
HAVE HAD TO MAKE DO  
WITHOUT A LOT OF  
CONVENIENCES THAT OTHERS  
MAY TAKE FOR GRANTED. BUT  
THEY HAVE PERSEVERED. AND**

**THEY HAVE MADE A**  
**DIFFERENCE.**

**\*I WAS PROUD TO MEET WITH  
TOM LAST YEAR, WHEN HE WAS  
IN WASHINGTON TO RECEIVE  
THE "JEFFERSON AWARD" FOR  
PUBLIC SERVICE--AN AWARD HE  
RICHLY DESERVED.**

**\*IT WAS NOT SURPRISING  
THAT TOM REGARDED THIS**



**AWARD NOT JUST AS  
RECOGNITION FOR WHAT HE  
HAD DONE, BUT AS A REMINDER  
OF HOW MUCH THERE WAS  
STILL LEFT TO DO.**

**\*LET ME AGAIN SAY WHAT AN  
HONOR IT IS FOR ME TO BE  
HERE TODAY, AND I WANT TO  
CONCLUDE WITH A STORY TOLD**

**ABOUT THAT GREAT KANSAN,  
DWIGHT EISENHOWER.**

**EISENHOWER WAS WALKING  
ALONG THE RHINE ONE NIGHT IN  
1945, THINKING OF THE  
CROSSING IN WHICH HE WOULD  
LEAD THE ALLIED ARMIES. HE  
MET A SOLDIER, AND ASKED HIM  
WHY HE WASN'T SLEEPING. THE  
YOUNG G.I., WHO DIDN'T**



**RECOGNIZE THE SUPREME  
COMMANDER, SAID, "I GUESS I'M  
A LITTLE NERVOUS."**

**"SO AM I," SAID EISENHOWER.**

**"LET'S WALK TOGETHER, AND  
PERHAPS WE'LL DRAW  
STRENGTH FROM ONE  
ANOTHER."**

**I WISH EVERYONE  
CONNECTED WITH CYPRESS**

**MANY MORE YEARS OF WALKING  
TOGETHER, AND DRAWING  
STRENGTH FROM ONE  
ANOTHER.**