

49



NEWS from U.S. Senator Bob Dole

(R.—Kans.)

New Senate Office Building, Washington, D.C. 20510 (202) 225-6521
FOR RELEASE: SATURDAY
MARCH 22, 1975

CONTACT: JANET ANDERSON

GRANT WILL AID FIVE KANSAS COUNTIES

WASHINGTON, D.C.--Senators Bob Dole and James Pearson have announced a \$53,710 grant from Health, Education and Welfare's Office of Child Development to the Northeast Kansas Community Action Program (NEK-CAP) based in Horton. The money will be used in their Nutrition Outreach Worker (NOW) project to aid families in Jackson, Atchison, Nemaha, Brown and Doniphan counties.

The innovative NOW project was designed to test one method of combating nutritional problems faced by disadvantaged families. It provides comprehensive nutrition service within the context of a Headstart program serving 25 disadvantaged families with preschool children. The area families were chosen on the basis of their need for assistance in the areas of nutrition, home management and related areas. Headstart Director for the project is Annie Johnson and the NOW coordinator is Sarah Butchelder.

Special emphasis of the program is placed on providing the information, resources and skills necessary to develop both adequate diets and insight into the family problem solving and decision making processes. These activities are designed to have a lasting effect on participating families' abilities to deal constructively with concrete problems, like nutrition, and abstract problems, such as relationships within the family and community.

Basic services provided by Headstart to NOW families include mental health, dental, social, and early childhood education services. The NOW program also includes a constant supply of resource material and information and simple food preparation activities and mother-child education activities.

-30-