

Joyce

DATE: February 23, 1993

TO: Senators attending 2-25/26 Health Care Retreat

RE: Information regarding 2-25/26 Health Care Retreat

EXPENSES

The two-day health retreat this week in Annapolis is an official event, and therefore the following expenses are reimbursable: transportation to and from Annapolis, parking, lodging, and meals. There are expenses associated with the retreat that are not reimbursable according to the Senate Rules Committee. These charges, signified as "officially-connected" expenses by the Senate Ethics Committee -- lodging and meals for the speakers and a few other miscellaneous expenses -- must be paid out of either personal or campaign funds.

If you were intending to pay all expenses out of campaign accounts, you must speak with Victor Baird at the Senate Ethics Committee and Chuck Konigsberg at the Senate Rules Committee prior to Thursday.

Upon checkout on Friday, each Senator will be presented with two bills: one listing official expenses and the second listing "conference fee" -- all the non-official expenses.

To allow us to have an express check in on Thursday, the Historic Inns of Annapolis must have credit card numbers in advance. Kathy Bell in Senator Chafee's office will be calling to request this information.

TRANSPORTATION

Attached is a map and directions from Capitol Hill to the Maryland Inn in Annapolis. Valet parking is available.

There has been some interest expressed in providing a bus from Capitol Hill to Annapolis. We need to know how many people would prefer to go by bus. A mini-bus, seating 29 people, will cost about \$380/roundtrip. It would leave at 3:15 p.m. on Thursday from the Capitol and return to the Capitol by 4:00 p.m. on Friday.

LOCATION

The Historic Inns of Annapolis is made up of four inns. The dinner Thursday night and meetings and meals on Friday all will take place in the Maryland Inn (see attached Agenda). Offices may contact their Senators by calling 1-800-847-8882, the main switchboard for the Historic Inns of Annapolis, and asking for the Republican Health Care Retreat.

Note for Senate, from

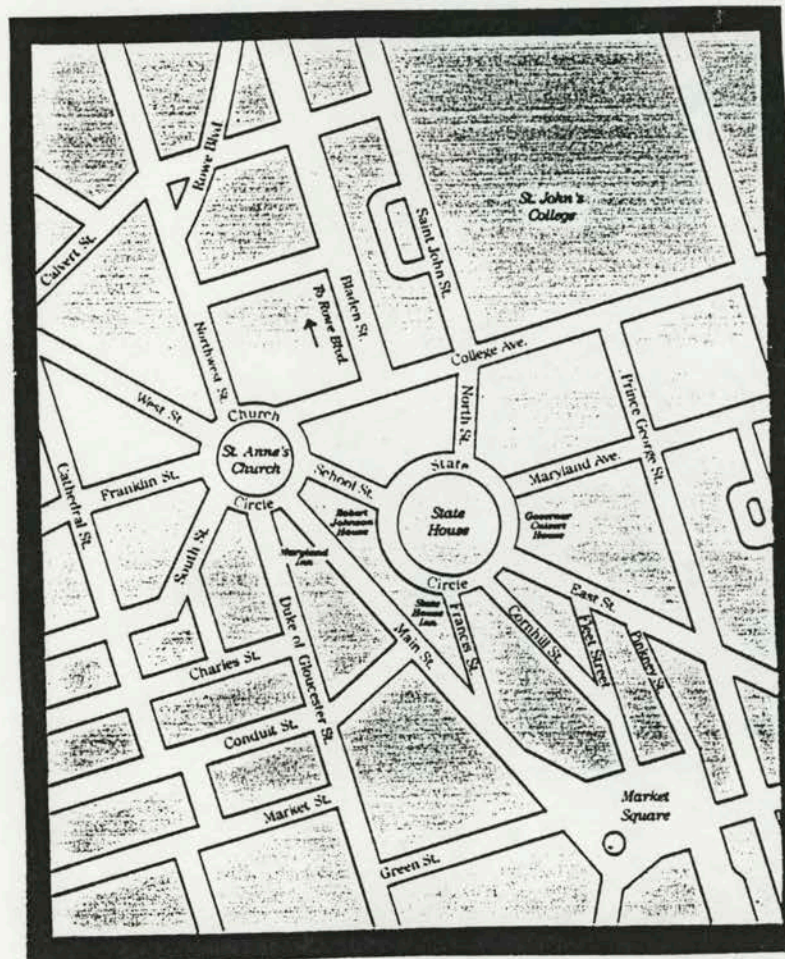
JO ANNE COE

VI 4647460116258 Page 1 of 16 6/93

DIRECTIONS TO MARYLAND INN/ANNAPOLIS

FROM CAPITOL HILL:

- * Take East Capitol past RFK Stadium. You will see signs for Route 295 Northhand 95 North, right hand exit. Take this exit but bear left -- you will see small sign for Route 295 North, which you will then be on.
- * Following 295 North, you will signs for Route 50 East/Annapolis -- take this right hand exit.
- * Stay on Route 50 to Exit 24, Rowe Boulevard -- right hand exit. Stay right, following Annapolis South sign.
- * Rowe Boulevard will take you to Northwest Street. This will lead you to Church Circle; follow the circle around to Duke of Gloucester Street (one-way).
- * Take Duke of Gloucester to Conduit Street (left hand turn) to Main Street. Make a left and continue up Main Street until you see sign for Maryland Inn entrance on left. You will be met by a valet who will park your car.



Feb 25-26

United States Senate

WASHINGTON, DC 20510

January 27, 1993

The Honorable Robert Dole
United States Senate
Washington, D.C. 20510

Dear Bob:

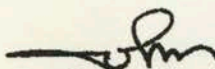
On February 25 and February 26, there will be a conference for members of the Republican Task Force on Health Care. It will begin at about 4 p.m. on the 25th, and end at 4 p.m. on the 26th. During the conference, we will explore the issues and concepts involved in expanding access to health care and controlling costs. This conference will be held at the Historic Inns of Annapolis in Maryland.

These sessions will be designed to provide us with an opportunity to discuss and debate our options for a Republican Senate bill.

I do hope you will attend. I am confident you will find it fruitful. Would you please have your staff call Christy Ferguson at 4-6117 as soon as possible so we can get an accurate number of attendees. I am asking that each member participating in this retreat bring no more than one staff member. A copy of the agenda and the facility accommodations will be forwarded to you in the near future.

We look forward to your joining us on the 25th for what I know will be lively and productive meetings.

Sincerely,



John H. Chafee
United States Senator

JHC/dg

AS OF FEBRUARY 22
11:00 a.m.

**REPUBLICAN TASK FORCE ON HEALTH CARE
1993 ANNAPOLIS CONFERENCE**

Thursday, February 25

- 4:00 p.m. - 5:00 p.m. **Check-in**
- 5:00 p.m. - 6:00 p.m. **Paul Ellwood:
How Managed Competition Works and the
Controversial Issues**
- 6:00 p.m. - 6:45 p.m. **Heritage Foundation:
Critique of Managed Competition**
- 7:00 p.m. **Reception and Dinner
Robert Blendon:
What America thinks about health reform**

Friday, February 26, 1993

- 7:00 a.m. - 8:00 a.m. **Continental Breakfast**
- 8:00 a.m. - 8:45 a.m. **Stan Jones:
Gaming the System**
- 8:45 a.m. - 9:30 a.m. **Jack Meyer:
Expanding Access -- Individual and Employer
Responsibilities**
- 9:30 a.m. - 10:15 a.m. **Steve Rosenberg and Sara Rosenbaum:
Delivery Issues**
 a. Rural
 b. Public Health Programs and Urban Areas
- 10:15 a.m. - 10:30 a.m. **Break**

10:30 a.m. - 11:45 p.m.

**Paul Ellwood, Don Moran, Hank Gutman,
and Robert Reischauer:**

Cost Containment Issues

**1. How Will Managed Competition Control
Costs?**

- a. Tax Issues
- b. Managed Care Networks

2. What If It Doesn't Work?

- a. Cost Goals
- b. Data Gathering
- c. Global Caps and Enforcement
 - 1. Benefit Cuts\Increased Cost Sharing
 - 2. Rate Setting
 - 3. Limits on premium increases

**3. How are federal programs such as
Medicare, Medicaid, Veterans, DOD, and
FEHBP affected?**

- a. Incorporate into Managed Competition
- b. Control Programs Separately
 - 1. Caps
 - 2. Cost shifting issues

11:45 p.m. - 1:00 p.m.

**Discussion on proposed options
Moderator: Stan Jones**

1:00 p.m. - 2:30 p.m.

**Lunch and Remarks by
Hillary Rodham Clinton
Chair of the National Task Force
on Health Care Reform**

2:30 p.m.

Depart

MEMORANDUM

TO: Senator Dole
FROM: Yvonne
DATE: February 15, 1993

-- Attached is the agenda for the Republican Task Force on Health Care meeting to be held in Annapolis on February 25-26. As you know, prior to the health care meeting being scheduled, you had agreed to intro/present David Broder with a journalism award/National Press Foundation event on Thurs, Feb. 25. Their program includes Katie Couric presenting as well. The event begins at 7:00 p.m., 7:45 sit down, 8:15 meal, & 9:00 program begins. Also, on Feb. 25, is the Victory Celebration for Sen. D'Amato at the Senatorial Committee from 6:00-8:00 p.m.

_____ will be in Annapolis for 6:00 mtg. &
7:00 dinner

Do Way
_____ will present award to David Broder
at 9:00 p.m. at the Sheraton Washington
& drop by D'Amato recp prior to

If you plan to stay in Washington and present award to Broder, do you plan to travel on to Annapolis on Thursday evening or go Friday morning?

_____ will go to Annapolis after Broder event

_____ will go to Annapolis Friday morning

Thurs, Feb 25

Yvonne

JANUARY 21, 1993

Newspaper Conventions

1) February 3 -- CBS Affiliates reception: Jerry Holley invites you to stop by Hill reception. Includes news folks but also stars of new series based on Alex Haley's Queen.

Cannon Caucus Room. Wednesday, 6 pm.

o),

2) February 25 -- National Press Foundation: Sheila Tate inviting you to intro/present David Broder with journalism award. Program includes Katie Couric presenting as well.

Sheraton Washington. Thursday evening, Feb. 25.
Tate: 434-8502.

Oy

3) March 11 -- National Newspaper Association: Kansas editors are inviting you to address their national conference in D.C. 300 weekly & small dailies will be represented, 6 from home.

Capital Hilton. Thursday afternoon, March 11.

NNA President is Tonda Rush of Kansas.

Oy

4) March 27 -- Gridiron: Helen Thomas invite. White tie torture.

Saturday, 5:30 pm to 9 pm.

o)

5) March 31 -- American Society of Newspaper Editors Convention: In Baltimore, trying to corral Big 4 of Senate & House leadership for panel discussion. 600 to 1200 top editors of big papers.

Wednesday, 9 to 10 am.

Deborah Howell at 383-7843.

o) Wendy Wendy
Solo Wendy

#

Meeting Request

Thurs, Feb 25
(morning or early afternoon)



I will meet w/ them
regret
[Handwritten signature]

January 20, 1993

The Honorable Bob Dole
141 Hart Building
Washington, D.C. 20505

Dear Senator Dole,

The American Legislative Exchange Council (ALEC), the nation's foremost public policy organization devoted to state issues, will convene a Health Care Leadership Meeting in Washington D.C., February 25-27. More than a dozen state legislators, who are leaders on the issue of health care reform, will be meeting with members of the Clinton Administration and Members of Congress to discuss the state's role in health care reform.

Senator Dole, our legislators would be honored and pleased if you could meet with them for the purpose of exchanging ideas on health care reform. Our agenda is open in terms of time and location. If convenient, we could meet in your office.

Operating at the cutting edge of new ideas, ALEC is playing an active role in formulating the health care debate as America moves into the 21st Century. In view of the fact that the ALEC agenda is compatible with many of your ideas, your participation would help greatly in setting the proper tenor for a successful meeting. Perhaps even more importantly, the meeting will provide you with the opportunity to present your ideas to those who will play a major role in implementing them throughout the country...America's state legislators.

Thank you for considering this request. We look forward to your response and the pleasure of your company.

Sincerely,

Sam Brunelli

Samuel A. Brunelli
Executive Director

(1-29-93 per Sheila Burke
Dole should see early 25th)
Barbara Perez



Time Feb 22
(meeting or early
of session)

_____ of will meet
at _____

_____ is

January 20, 1993

The Honorable Bob Dole
141 New Building
Washington, D.C. 20502

Dear Senator Dole,

The American Legislative Exchange Council (ALEC), the nation's foremost public policy organization devoted to state reform, will convene a Health Care Leadership Meeting in Washington, D.C. between 5/8-5/9. More than a dozen state legislators who are leaders on the issue of health care reform will be meeting with members of the Clinton Administration and Members of Congress to discuss the state's role in health care reform.

Senator Dole, our legislators would be honored and pleased if you could meet with them for the purpose of exchanging ideas on health care reform. Our agenda is open in terms of time and location. If convenient, we could meet in your office.

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Thank you for considering this request. We look forward to your response and the pleasure of your company.

Sincerely,

Samuel A. Brant III
Executive Director

daybook

Joyce -
I don't know if you're
interested but I have been
looking for plants/flowers to
plant w/ fragrance. This article
gives alot of suggestions -
Joe

4

These scented annuals
will satisfy your eye and delight your nose!



LEFFENGRUSHOWGRANT HEILMAN

Clove-scented cheddar pinks bloom all summer—and their evergreen foliage looks great in winter.

When I first started growing flowers, I wanted varieties that looked *and* smelled great. After all, when you hand someone a bouquet of fresh-cut blossoms, what's the first thing they do? They sniff, of course! Even little children do it—*everyone* expects flowers to be fragrant.

No human-made perfumes ever smell as good. (In fact, the most expensive perfumes are still made from flower essences.) So here's a guide to true fragrance favorites—for summer and winter, outdoors and in. And you won't need to bury your nose in these beauties to enjoy them; most are *powerfully* perfumed and can "throw" their fragrance to wherever your nose happens to be.

AROMATIC ANNUALS

I can't think of anything that smells better than the pure scent of old-fashioned **sweet peas** (*Lathyrus odoratus*). English garden writer Rosemary Verey (*The Scented Garden*, 1981) agrees—she rates sweet peas as her first choice among fragrant annuals as well. Just be sure to buy the *old-fashioned* varieties; "improvements" in modern sweet peas (and many other flowers) have been made at the expense of fragrance. Sweet peas come in assorted colors, but Verey believes the purples are the most fragrant.

Like edible peas, sweet peas thrive in cool weather (just remember that they are *not* edible as well).

BY CHERYL LONG

47 FABULOUS FRAGRANT FLOWERS!

These scent-sational standouts will satisfy your eye and delight your nose!



LEFEVER/GRUSHOW/GRANT HEILMAN

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BY CHERYL LONG

You can start them indoors in late winter or direct-seed them outdoors as early as your soil will permit. Soaking overnight or chipping the hard seed coats will help them germinate quickly. Give them lots of compost and mulch well to keep the roots cool later in the season. They need something to climb, so plant them along a wire fence or a string trellis.

You'll need to cut the flowers regularly to encourage more blooms, but that's an easy task to take—a handful brought indoors will perfume an entire room.

A patch or potful of **four-o'clocks** (*Mirabilis jalapa*) is a must for your fragrant garden. Sometimes called Marvel-of-Peru, these easy-to-grow annuals are marvelously fragrant. Just plant the large black seeds where you want them to grow (or for earlier bloom in northern areas, start indoors a few weeks before your last frost date). You'll soon have 2 to 3 foot tall bushes of very sweet-scented red, pink, yellow and white flowers that save up their scent all day, opening (surprise!) around 4 p.m. to perfume the cool evening air. (Plant them where they get some early afternoon shade and they'll open a bit earlier.) My mother plants them all around the base of her deck, where the scent can waft right through the screen door into the kitchen.

And there's a bonus to growing late-in-the-day-blooming fragrant flowers—fragrant plants in general attract more butterflies and moths, so if you grow four-o'clocks, you're almost certain to see large hawk or sphinx moths visiting them in the evening. These moths look so much like hummingbirds that your friends may refuse to believe you when you insist they're insects, not birds!

Another easy annual is sun-loving **sweet alyssum** (*Lobularia maritima*). It will fill your garden with a rich honey-and-new-mown-hay fragrance that you and your beneficial insects will love. Recent research in California found that alyssum attracts the tiny (almost microscopic) parasitic wasps that prey on destructive aphids. Sweet alyssum is very cold-hardy, so you can direct-seed it early or set out transplants before your last

frost date! (Don't cover the seed—it needs light for best germination.)

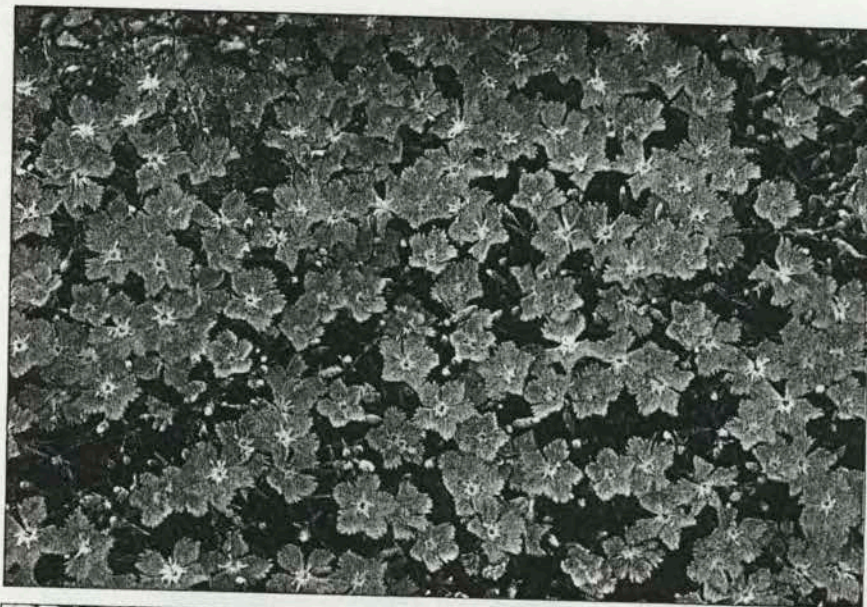
With its low-growing, trailing form, alyssum looks great as an edging around beds or in hanging baskets. The original, regular-size white is more fragrant than the new "improved" compact white varieties or the pinks and purples.

If you garden in the shade, you probably already know about **nicotiana**, or flowering tobacco. But you may be surprised to learn that it can be a super-fragrant flower because, again, breeders searching for brighter colors and "better" plants

have not always kept fragrance in mind. The original "unimproved" species are very strongly scented—especially 3 to 4 foot tall jasmine tobacco (*Nicotiana glauca*) and the stately 6-foot woodland tobacco (*N. sylvestris*). *N. suaveolens* is smaller (about 2 feet tall) and more floriferous. All three species like sun or partial shade and all are powerfully fragrant at night.

INVEST IN SOME STOCKS

Not on Wall Street, on your street. Ed Rasmussen, owner of The Fragrant Path seed company near



Fragrance favorites: spicy cheddar pink KARLIK (top), old-fashioned sweet peas (bottom left) and woodland and jasmine flowering tobaccos (bottom right).

PHOTOS BY JERRY PAVIA (TOP); TOM ELZROTH (LEFT); DAVID CAVAGNARO (RIGHT)

Omaha, Neb., recommends annual stock (*Matthiola incana*) for its "exotic, penetrating clove perfume." Rasmussen's favorite variety is BEAUTY OF NICE, which grows to 30 inches. Its round-the-clock fragrance is even more powerful in plants with double flowers. And yes, you can identify seedlings that will be double; they are a lighter shade of green. So you can have more plants with double flowers by thinning out all the dark-colored seedlings.

For cut flowers, Rasmussen suggests the non-branching MAMMOTH EXCELSIOR strain. It grows about 3 feet tall and comes in white, lavender, yellow, silvery rose and crimson.

Stocks should be started early indoors, grown at 50° to 55°F, then planted out after danger of frost. Cover the seeds *thinly* with just the tiniest bit of fine soil—light helps them germinate.

Evening stock (*M. longipetala*) is not as showy as its larger cousins, but it has an even more powerful after-dusk fragrance. Sow it directly where it will grow, near your favorite nighttime garden-sitting-spot or under a bedroom window; you'll be amazed that these small pink or purple flowers can produce so much fragrance.

PERFUMED PERENNIALS

The ever-popular lily-of-the-valley (*Convallaria majalis*) is an easily controlled ground cover that thrives in sun or shade. In spring, its small clusters of waxy white bells release a splendid fragrance. You won't have to get down on your knees to smell them, either; the patch by my front porch sends fragrance all the way to the backyard.

Unlike the scentless carnations (*Dianthus Caryophyllus*) you're likely to find at a florist's shop, other species of **dianthus** have a spicy clove scent. At the top of the list is the superb pink (*D. superbus*). "I've detected its soft, sweet fragrance from over 50 yards away on a warm summer evening," says Rasmussen. It has fringed, lilac-colored petals with a green eye, and is biennial to perennial if deadheaded regularly, and it self-seeds in most locations.

Another good choice is the richly spiced cheddar pink (*D. gratianopoli-*



Sweet violets (above), WILD JASMINE iris (top right) and apple-scented sweetbrier rose (bottom right).

tanus). It grows only 6 inches high, in low, spreading mounds of evergreen blue-gray foliage covered in midsummer with a profusion of rosy pink flowers.

Or try the cottage pinks (*D. plumarius*). Once called "Sops in Wine" because they were used to flavor vino, cottage pinks come in both single and double forms, grow to about 1 foot high and have superb fragrance.

All three of these dianthus are hardy to zone 3 and like cool, damp climates and well-drained, slightly alkaline soil. Start them early indoors or sow them outdoors in early spring in full sun.

Long-blooming sweet violets (*Viola odorata*) have been favored by flower fragrance fans for thousands of years. QUEEN CHARLOTTE blooms in spring and again in fall, and is hardy to at least zone 5. The seed requires chilling, so sow it outdoors in fall or pre-chill it for two weeks in the refrigerator before planting in spring. Cover the seed well; darkness assures good germination.

I know that some **irises** have great fragrance because of the vigorous lavender variety that I found growing at my first home in Nebraska. It smelled *exactly* like grape Kool-Aid!



PHOTOS BY MICHAEL S. THOMPSON (LEFT), COOLEY'S GARDEN (TOP), AND ROB CAROLLO (BOTTOM)

But catalogs almost never mention that some varieties of this perennial garden standard are wonderfully fragrant. Only one supplier, Cooley's Gardens, offers what it calls "especially fragrant" iris. Its recommendations include yellow WILD JASMINE, CAFE SOCIETY and DAZZLING GOLD; blue-violet AFTER HOURS, KISS OF PEACE and MASTER TOUCH; and maroon-red SULTAN'S PALACE.

Virginians Louise Smith and Libby Cross, who've been studying fragrant iris for several decades, offer an extra incentive—many of the most fragrant varieties are *rebloomers*, meaning you'll enjoy elegant and fragrant flowers in early summer and again before fall frosts. Super-fragrant rebloomers recommended by Smith and Cross include: yellow, 10-inch BABY BLESSED; yellow and white, 36-inch BROTHER CARL; and deep-purple, 36-inch PERFUME COUNTER.

(I still haven't figured out which variety my grape Kool-Aid iris was; drop a line if you think you know.)

ROSES FOR NOSES

What a shame that the search for the best form and brightest colors has left so many modern roses with little or no fragrance.

Luckily, some modern varieties still smell mightily like a rose! Steve and Diana Steps grow 101 of them in their Saratoga, Calif., garden—all without toxic chemicals.

Their favorite super-fragrant modern roses include the hybrid teas MISTER LINCOLN (classic deep-red), DOUBLE DELIGHT (cream with brilliant scarlet edges), COLOR MAGIC (pink), PEACE (yellow and pink) and

SOURCES FOR SCENTS

FLOWER SOURCE
 (see page 101)

ANNUALS

Heliotrope (<i>H. arborescens</i>)	6,7
Sweet pea (<i>Lathyrus odoratus</i>)	3,7
Four o'clocks (<i>Mirabilis Jalapa</i>)	3,7
Sweet alyssum (<i>Lobularia maritima</i>)	3,7
Jasmine tobacco (<i>Nicotiana alata</i>)	3,7
Woodland tobacco (<i>N. sylvestris</i>)	3
<i>Nicotiana suaveolens</i>	3
BEAUTY OF NICE stock (<i>Matthiola incana</i>)	3
MAMMOTH EXCELSIOR stock	3
Evening stock (<i>M. longipetala</i>)	3

PERENNIALS

Black cosmos (<i>C. atrosanguineus</i>)	6
Cheddar pink (<i>Dianthus gratianopolitanus</i>)	3
Cottage pink (<i>D. plumarius</i>)	3
Superb pink (<i>D. superbus</i>)	3
Sweet violets (<i>Viola odorata</i>)	3
Iris	
WILD JASMINE	1
CAFE SOCIETY	1
DAZZLING GOLD	1
AFTER HOURS	1
KISS OF PEACE	1
MASTER TOUCH	1
SULTAN'S PALACE	1
BABY BLESSED	8
BROTHER CARL	8
PERFUME COUNTER	8

ROSES

Rugosas	
HANSA	2,4
DELICATA	2,4
Alba	2
BLANC DOUBLE DE COUBERT	2,4
CELSIANA (damask)	2,4
Scotch Briar (<i>Rosa spinosissima</i>)	2
Sweetbriar (<i>R. eglanteria</i>)	2
Hybrid teas	
MR. LINCOLN	4,5
DOUBLE DELIGHT	4,5
COLOR MAGIC	5
PEACE	4,5
PAUL SHIRVILLE	4
Floribundas	
FRENCH LACE	4,5
SUNSPRITE	5

CONTAINER PLANTS

Poet's jasmine (<i>J. officinale grandiflorum</i>)	6
Arabian jasmine (<i>J. sambac</i>)	6
Star jasmine (<i>J. nitidum</i>)	6
Orange jessamine (<i>Murraya paniculata</i>)	6
Hawaiian wedding flower (<i>Stephanotis floribunda</i>)	6
Sweet Olive (<i>Osmanthus fragrans</i>)	6
Gardenia PROSTATA	6
Honey bells (<i>Hermannia verticillata</i>)	6

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MARCH 1993 99



ROSE CARDILLO

Four o'clocks are easy-to-grow and their scent will attract hummingbird-like moths in the evening.

PAUL SHIRVILLE (light pink); and the floribundas FRENCH LACE (white) and SUNSPRITE (deep yellow).

"We've found that most of the really fragrant roses are somewhat susceptible to powdery mildew here," Steve Steps explains, "but baking soda sprays, applied about every two weeks, give very good control." Steps adds that basic organic cultural practices—mulching and keeping soil fertile—and proper spacing to provide good air flow also keep these fragrant beauties healthy.

"And it's important to avoid stress from lack of water," he says. "Oddly, I found that plants that get too dry are more susceptible to mildew." (For more on how to control rose diseases organically, see our big rose story in the May/June 1992 issue.)

If you prefer really tough, no-spray "old-fashioned" roses, Suzanne Verrier has lots to recommend. She grows 175 varieties—organically, of course—at her Forevergreen Farm in North Yarmouth, Maine. "Rugosa roses are almost all fragrant and they'll grow easily anywhere," she says. Two of the best are HANSA (purple crimson, 7 feet high and just as wide) and DELICATA (pink, 4 feet high by 3 feet wide). Both are hardy from chilly zone 3 (maybe even 2) through warm zone 8. After a big spring show, they bloom again throughout the summer.

British garden writer Stephen

Lacey, author of *Scent in Your Garden*, also rates rugosas as the best fragrant roses.

"There are no other roses that give a longer display of flowers, and few that give as impressive a crop of rose hips," he says. "Rugosas have luxuriant foliage, are virtually pest and disease free and depart in the autumn in a burst of golden yellow." Lacey says two white rugosas, *R. rugosa alba* and

BLANC DOUBLE DE COUBERT are "arguably the most scented of all roses."

CELSIANA is another rose whose scent is noticeable even at a distance. A pale-pink damask rose, it grows about 5 feet high by 4 feet wide and is hardy from zone 4 (maybe even 3) to zone 8.

Verrier also suggests growing some of the original species roses, just the way Mother Nature made them. "The Scotch briar (*R. spinosissima*) has a very powerful, distinctive fragrance—clean, fresh and sweet," she explains. It blooms very early,

with white flowers all along the canes, and the beautiful foliage turns dark red in fall. The hips join in the show, turning a rich black-maroon color in winter.

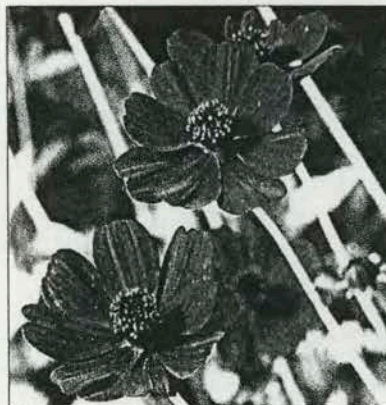
Then there's Shakespeare's **sweetbriar** (*R. Eglanteria*). The spicy, green-apple scent of this rose is in the leaves instead of the flowers. Verrier says that the plants—which make good hedges—are disease-free, with showy pink flowers and lots of bright red, fragrant hips that make excellent jams and syrups. Sweetbriar's fragrance is especially strong whenever the air is damp.

SMELL THE GREAT INDOORS

One of the best ways to enjoy the fragrance of flowers is to choose varieties that grow well in containers and bring the plants right into the house when they're blooming. This way, you can even grow varieties that bloom in winter (when their sweet scent will be doubly welcome) or that are too tender to overwinter outdoors in your area. Here are some favorites I grow indoors, with a summer vacation on my deck.

Jasmines are legendary for their superb fragrance and, if you grow several varieties, you can enjoy their sweetness year-round. Give winter jasmine (*Jasminum polyanthum*) at least four weeks of cool (below 50° F) temperatures in the fall (just leave it

Grow your own chocolate and vanilla!



Smells just like a Hershey bar!

It prefers a rich soil and plenty of water. Be warned: "Improved" deep-purple varieties may not be as strongly perfumed as the delicious old-fashioned, lighter-colored types.

—C.L.

Chocolate-scented black cosmos (*Cosmos atrosanguineus*), a dark velvety red perennial, is rare in American gardens. Tovah Martin, horticulturist at Logee's Greenhouses in Danielson, Conn., says its unique perfume smells "like a Hershey bar." It's native to Mexico and some books list it as tender, but Martin says it does fine for her at the northern edge of zone 5, blooming all summer with 2-foot-tall flowers above low mounds of foliage. I can't wait to grow it in the ORGANIC GARDENING perennial garden this summer!

Vanilla-scented **heliotrope** is an ever-blooming tender perennial usually grown as a bedding or container plant.

MICHAEL S. THOMPSON

outside awhile—it's hardy to 20° F) and in late winter it will be smothered with white flowers that will fill your entire house with the most delicious sweet scent. Just remember that it's a vine; I train mine around double wire hoop made from aluminum clothesline wire (coat-hanger wire will work, too). Train the vines around the hoops several times and keep the branches pinched back hard until midsummer. Then let it grow unmolested and brace yourself for an explosion of flowers and fragrance.

For summer fragrance, grow the poet's jasmine (*J. officinale grandiflorum*), the bushy, ever-blooming Arabian jasmine (*J. Sambac*) or star jasmine (*J. nitidum*). I grow a poet's jasmine and an Arabian jasmine together in the same pot to save space in my winter windowsills.

Called **mock orange** or orange jasmine because it has such a great orange-and-jasmine fragrance, *Murraya paniculata* is an attractive, glossy-leaved shrub that's an excellent choice for growing indoors, blooming repeatedly throughout the year. The fragrance is exceptional and will fill large rooms with its distinctive sweetness.

The Madagascar jasmine, a.k.a. the **Hawaiian wedding flower** (*Stephanotis floribunda*), is another indoor vine (grow it on hoops or make a trellis out of bamboo stakes). It's waxy, long-lasting white flower clusters usually open in June.

Here in the ORGANIC GARDENING offices, it thrives in a west window. *Stephanotis* trained on hoops are sometimes offered by greenhouses for a pricey \$40 (or so); you can order a cutting for \$3, train yourself and have the same size plant in just one season!

Another indoor favorite is the **weet olive** (*Osmanthus fragrans*), covered throughout the year with splendidly scented clusters of tiny white flowers. Give it a loose, acid soil and even moisture, with cool temps (down to 40° F) in winter.

If you live in zones 8 or 9, you can grow the classic **gardenia** outdoors. But if you're a northerner like me who's tried unsuccessfully to get regular gardenia bushes (*G. jasminoides*)

to bloom in containers, try **PROSTATA**. It flowers *very* readily and is compact enough to fit easily on a windowsill. Best of all, it has the same fantastic rich scent as its big sister.

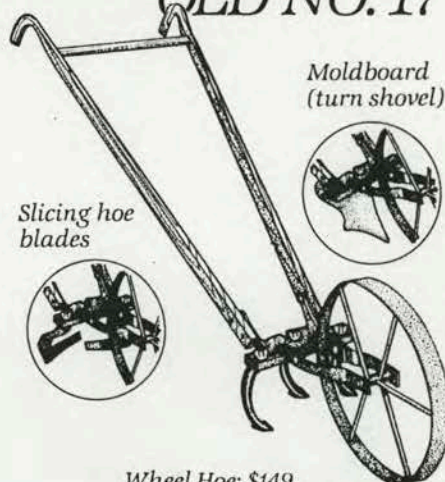
Finally, there's my newest discovery, **honey bells** (*Hermannia verticillata*). The small cutting I ordered last spring grew up fast and was soon covered with little yellow bells. I set the 6-inch pot on a shelf just outside my back door, and I could instantly smell the flowers all the way inside the kitchen. Now, just a year after I planted it, I have a huge hanging basketful of honey bells that fills my entire house with its sweet honey scent in late winter.

(For full details on growing these and many other fragrant indoor plants, see *The Essence of Paradise: Fragrant Plants for Indoor Gardens* by Tovah Martin, Little, Brown and Co. 1991.)

SOURCES

- Cooley's Gardens**
P.O. Box 126
Silverton, OR 97381
Catalog \$4
- Forevergreen Farm**
70 New Gloucester Road
North Yarmouth, ME 04021
Free catalog
- The Fragrant Path**
P.O. Box 328
Fort Calhoun, NE 68023
Catalog \$1
- Hortico**
723 Robson Road
Waterdown, ONT
Canada L0R 2H1
Rose catalog \$3
- Jackson & Perkins**
P.O. Box 1028
Medford, OR 97501
Free catalog
- Logee's Greenhouses**
141 North Street
Danielson, CT 06239
Catalog \$3
- Shepherd's Garden Seeds**
6116 Highway 9
Felton, CA 95018
Catalog \$1
- Andre Viette Farm & Nursery**
Route 1, Box 16
Fishersville, VA 22939
Catalog \$3

THE RETURN OF OLD NO. 17



Moldboard
(turn shovel)

Slicing hoe
blades

Wheel Hoe: \$149
(Includes shipping/handling)

For 100 years, before rototillers began over-churning soil, spewing carbon monoxide and breaking down with great regularity, there was the wheel hoe. Simple. Sturdy. Reliable. And Fast. There were many versions, but the best was the low-wheel Plant Junior No. 17. "They work well on just about any type of good garden soil," said one farmer as recently as 1978. "I have cultivated an acre of crops in less than four hours with one of these hoes." Old No. 17 has been unavailable for nearly a decade. The only wheel hoe on the market has been a high-wheel, tubular steel version. The original is back! The handles are hickory. The frame is cast iron. The wheel and bolt-on tools are forged steel. They include a moldboard or turn shovel for ploughing, furrowing, hilling-up and turning-in; three duck foot teeth for cultivating, aerating and raking; and a pair of six-inch slicing hoes for close, fast weeding in 6" to 12" swath. The low-wheel design, with its weight close to the ground and the tool located at the end of the handles, is easier to control than a high-wheel cultivator. Using a wheel hoe is easy. Just push and pull, two feet forward, one foot back, as you move ahead. In light soil, just push. It's great exercise and no more difficult than wrestling a retotiller. Besides, it uses no gas or oil, doesn't pollute, needs no maintenance, and starts every time.

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